# Elisi Spa & Resort

#### MENU OF SERVICES

Massage has long been described as the "Healing Touch". The goal of our treatment is to positively affect the health and well being of each guest.

30 Minute Session—\$60

60 Minute Session—\$110

90 Minute Session—\$150

Swedish Relaxation—This European massages applies varied handwork to promote relaxation.

This massage can be slow to vigorous depending on the desired results.

Essential Oil—An ancient practice that uses natural essential oils of herbs, plants and flowers to balance and rejuvenate.

Hot Stone—Massage with the use of warmed basalt stones which work their way into tired and stressed tissue leaving you relaxed and de-stressed.

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Facials—\$90 to \$120—Customized for your skin type with Elisi Spa Products

**Spa Manicure & Pedicure**—\$75 to \$100—Includes extended massage, paraffin masque, shoulder & arm massage, cuticle care and color choice.

### **Detoxifying Tranquility Wrap-\$110**

Heated oils, herbs and essential oils are applied to the dry brushed skin. You are then wrapped in layered heated blankets and plastic, cocoon style, to begin the detoxification process. A finishing massage leaves you totally relaxed and cleansed.

### Elisi Signature Exfoliation-\$120

A customized body scrub over your entire body increases circulstion and smooths the skin. The scrub is removed with warm towels and your treatment is completed with a hot lotion massage. Heavenly!

## Muskwa Mud Wrap-\$120

Custom blended mud is combined with essential oils, herbs and plants and is applied to the skin warmed. You are wrapped and left to relax while your skin is treated to a sumptuous and nutritious experience. Once removed a finishing massage is received.

#### **Reiki**—\$90

A healing technique based on the principle that the therapist can channel energy into the patient to activate the natural healing process to restore physical and emotional well being.

Each spa guest receives one treatment of choice per nights stay. Additional treatments can be added per above pricing. Appointments can be made upon arrival to the lodge.